

Lesson Plan

Name of the Assistant/ Associate Professor: ...**Dr.Anita Khippal**.....

Class and Section:**BA II Sem**.....

Subject:Home Science.....

Week	Date	Topics
1	1-Jan-18	Introduction to syllabus
	2-Jan-18	Health & Hygiene, Personal Hygiene
	3-Jan-18	do
	4-Jan-18	Definition of health
	5-Jan-18	Guru Govind Singh Birthday
	6-Jan-18	do
	7-Jan-18	Sunday
2	8-Jan-18	Factor effecting health
	9-Jan-18	Do
	10-Jan-18	water
	11-Jan-18	do
	12-Jan-18	Problem discussion
	13-Jan-18	Class test
	14-Jan-18	Sunday
3	15-Jan-18	Do
	16-Jan-18	Importance of water
	17-Jan-18	Impurities present in water
	18-Jan-18	Sources of contamination of water
	19-Jan-18	Water purification
	20-Jan-18	do
	21-Jan-18	Sunday
4	22-Jan-18	Vasant Panchami
	23-Jan-18	Meaning of First Aid
	24-Jan-18	Sir Chhotu Ram Jayanti
	25-Jan-18	Importance of daily life
	26-Jan-18	Republic Day
	27-Jan-18	Assignment-1
	28-Jan-18	Sunday
5	29-Jan-18	Infection
	30-Jan-18	do
	31-Jan-18	Guru Ravidas jayanti

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Class and Section: **BA II sem**

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Week	Date	Topics
1	1-Feb-18	Infective agents, period of infectivity
	2-Feb-18	Do
	3-Feb-18	Do
	4-Feb-18	Sunday
2	5-Feb-18	Types of diseases and their modes of spread, symptoms
	6-Feb-18	do
	7-Feb-18	Channels of infection
	8-Feb-18	do
	9-Feb-18	Disinfectants – definition , types and methods of disinfection
	10-Feb-18	Maharshi Dayanand Saraswati Jayanti
	11-Feb-18	Sunday
3	12-Feb-18	do
	13-Feb-18	Maha Shivratri
	14-Feb-18	Infectious diseases
	15-Feb-18	do
	16-Feb-18	do
	17-Feb-18	Diseases spread by ingestion-Dysentery
	18-Feb-18	Sunday
4	19-Feb-18	Causes , incubation period
	20-Feb-18	do
	21-Feb-18	Mode of spread, symptoms
	22-Feb-18	do
	23-Feb-18	Prevention and control of disease spread by insects-Malaria
	24-Feb-18	do
	25-Feb-18	Sunday
5	26-Feb-18	do
	27-Feb-18	Sessional test-1
	28-Feb-18	KUK Holidays

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Class and Section:BA II Sem.....

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Week	Date	Topics
1	1-Mar-18	KUK Holidays/Guru Ravidas Birthday
	2-Mar-18	KUK Holidays/Holi
	3-Mar-18	KUK Holidays
	4-Mar-18	KUK Holidays/Sunday
2	5-Mar-18	Dengue
	6-Mar-18	do
	7-Mar-18	Cholera
	8-Mar-18	Do
	9-Mar-18	typhoid
	10-Mar-18	do
	11-Mar-18	Sunday
3	12-Mar-18	Disease spread by droplet infection
	13-Mar-18	Chicken pox, measles , mumps
	14-Mar-18	do
	15-Mar-18	
	16-Mar-18	Diseases spread by contact-leprosy, Aids
	17-Mar-18	Do
	18-Mar-18	Sunday
	19-Mar-18	Do
4	20-Mar-18	Immunity –definition
	21-Mar-18	Types of immunity
	22-Mar-18	Immunization schedule
	23-Mar-18	Shaheedi Diwas of Bhagat Singh, Rajguru & Sukhdev
	24-Mar-18	Do
	25-Mar-18	Sunday/ Ram Navami
	26-Mar-18	do
5	27-Mar-18	Sessional -2
	28-Mar-18	Assignment -2

29-Mar-18	Mahavir Jayanti
30-Mar-18	Common emerging health problems among women
31-Mar-18	do

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Week	Date	Topics
1	1-Apr-18	do
	2-Apr-18	do
	3-Apr-18	do
	4-Apr-18	do
	5-Apr-18	Cancer of breast
	6-Apr-18	do
	7-Apr-18	do
	8-Apr-18	Sunday
2	9-Apr-18	Cervical cancer
	10-Apr-18	Do
	11-Apr-18	Do
	12-Apr-18	Problem discussion
	13-Apr-18	Class test
	14-Apr-18	Dr Ambedkar Jayanti / Vaisakhi
	15-Apr-18	Sunday
3	16-Apr-18	revision
	17-Apr-18	do
	18-Apr-18	Parashurama Jayanti
	19-Apr-18	do
	20-Apr-18	do
	21-Apr-18	do
	22-Apr-18	Sunday
4	23-Apr-18	do
	24-Apr-18	do
	25-Apr-18	do
	26-Apr-18	do
	27-Apr-18	do
	28-Apr-18	do

Lesson Plan

Name of the Assistant/ Associate Professor:**Dr. Anita Kippal**

Class and Section:**BA IV Sem**.....

Subject:**Home Science**.....

Week	Date	Topics
1	1-Jan-18	Introduction to syllabus
	2-Jan-18	Introduction to traditional textiles of India
	3-Jan-18	Do
	4-Jan-18	Do
	5-Jan-18	Guru Govind Singh Birthday
	6-Jan-18	do
	7-Jan-18	Sunday
2	8-Jan-18	do
	9-Jan-18	Definition of fibre
	10-Jan-18	Classification of fibres
	11-Jan-18	Do
	12-Jan-18	Do
	13-Jan-18	Cotton
	14-Jan-18	Sunday
3	15-Jan-18	Cotton
	16-Jan-18	Cotton
	17-Jan-18	Silk
	18-Jan-18	Silk
	19-Jan-18	Silk
	20-Jan-18	Polyester
	21-Jan-18	Sunday
4	22-Jan-18	Vasant Panchami
	23-Jan-18	Polyester
	24-Jan-18	Sir Chhotu Ram Jayanti
	25-Jan-18	Polyester
	26-Jan-18	Republic Day
	27-Jan-18	Rayon
	28-Jan-18	Sunday
5	29-Jan-18	Assignment-1
	30-Jan-18	Rayon
	31-Jan-18	Guru Ravidas jayanti

Lesson Plan

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Class and Section:BA IV Sem.....

Subject:Home Science.....

Week	Date	Topics
1	1-Feb-18	Rayon
	2-Feb-18	Soaps
	3-Feb-18	Soaps
	4-Feb-18	Sunday
2	5-Feb-18	Soaps
	6-Feb-18	Detergents
	7-Feb-18	Detergents
	8-Feb-18	Detergents
	9-Feb-18	Starches
	10-Feb-18	Maharshi Dayanand Saraswati Jayanti
	11-Feb-18	Sunday
3	12-Feb-18	Do
	13-Feb-18	Maha Shivratri
	14-Feb-18	blues
	15-Feb-18	Bleaches
	16-Feb-18	Bleaches
	17-Feb-18	Bleaches
	18-Feb-18	Sunday
4	19-Feb-18	Bleaches
	20-Feb-18	Meaning and objective of application of finishes
	21-Feb-18	Do
	22-Feb-18	Calendaring
	23-Feb-18	Bleaching
	24-Feb-18	Bleaching
	25-Feb-18	Sunday
5	26-Feb-18	do
	27-Feb-18	Sessional Test-1
	28-Feb-18	KUK Holidays

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Class and Section:BA IV Sem.....

Subject: Home Science

Week	Date	Topics
1	1-Mar-18	KUK Holidays/Guru Ravidas Birthday
	2-Mar-18	KUK Holidays/Holi
	3-Mar-18	KUK Holidays
	4-Mar-18	KUK Holidays/Sunday
2	5-Mar-18	Sizing
	6-Mar-18	Mercerising
	7-Mar-18	Do
	8-Mar-18	Preshrinking
	9-Mar-18	Crease Resistant
	10-Mar-18	Dyeing
	11-Mar-18	Sunday
3	12-Mar-18	Do
	13-Mar-18	Do
	14-Mar-18	Do
	15-Mar-18	Printing
	16-Mar-18	Do
	17-Mar-18	Do
	18-Mar-18	Sunday
4	19-Mar-18	Do
	20-Mar-18	Basic Weaves
	21-Mar-18	Do
	22-Mar-18	Do
	23-Mar-18	Shaheedi Diwas of Bhagat Singh, Rajguru & Sukhdev
	24-Mar-18	Do
	25-Mar-18	Sunday/ Ram Navami
5	26-Mar-18	Basic Weaves
	27-Mar-18	do
	28-Mar-18	Assignment-2
	29-Mar-18	Mahavir Jayanti
	30-Mar-18	Sessional Test-2
	31-Mar-18	Laundry Reagent

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Class and Section: **BA IV Sem**

Subject: Home Science

Week	Date	Topics
1	1-Apr-18	do
	2-Apr-18	Do
	3-Apr-18	Methods of Removing , Different types of Stains
	4-Apr-18	DO
	5-Apr-18	Do
	6-Apr-18	Do
	7-Apr-18	Do
	8-Apr-18	Sunday
2	9-Apr-18	Types of Stains
	10-Apr-18	Do
	11-Apr-18	Classification of stains
	12-Apr-18	Do
	13-Apr-18	Do
	14-Apr-18	Dr Ambedkar Jayanti / Vaisakhi
	15-Apr-18	Sunday
3	16-Apr-18	Do
	17-Apr-18	Revision
	18-Apr-18	Parashurama Jayanti
	19-Apr-18	Do
	20-Apr-18	Do
	21-Apr-18	Do
	22-Apr-18	Sunday
4	23-Apr-18	Do
	24-Apr-18	Do
	25-Apr-18	Do
	26-Apr-18	Do
	27-Apr-18	Do
	28-Apr-18	Do

Lesson Plan

Name of the Assistant/ Associate Professor.....Dr.Anita Khippal

Class and Section:.....BA 6th Sem.....

Subject:.....Home Science.....

Week	Date	Topics
1	1-Jan-18	Introduction to syllabus
	2-Jan-18	Child psychology definitions, aims
	3-Jan-18	do
	4-Jan-18	do
	5-Jan-18	Guru Govind Singh Birthday
	6-Jan-18	Aims of child psychology
	7-Jan-18	Sunday
2	8-Jan-18	Subject matter of child psychology
	9-Jan-18	do
	10-Jan-18	Objective of studying child psychology
	11-Jan-18	do
	12-Jan-18	Meaning and importance of learning
	13-Jan-18	do
	14-Jan-18	Sunday
3	15-Jan-18	Method of learning
	16-Jan-18	do
	17-Jan-18	do
	18-Jan-18	Factors affecting learning
	19-Jan-18	do
	20-Jan-18	Intelligence
	21-Jan-18	Sunday
4	22-Jan-18	Vasant Panchami
	23-Jan-18	do
	24-Jan-18	do
	25-Jan-18	do
	26-Jan-18	Republic Day
	27-Jan-18	Measurement of intelligence
	28-Jan-18	Sunday
5	29-Jan-18	Assignment-1
	30-Jan-18	do
	31-Jan-18	Guru Ravidas jayanti

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Class and Section:.....BA 6th Sem.....

Subject:..... Home Science

Week	Date	Topics
1	1-Feb-18	Personality development
	2-Feb-18	do
	3-Feb-18	Types of personality
	4-Feb-18	Sunday
2	5-Feb-18	do
	6-Feb-18	Factor affecting the development of personality
	7-Feb-18	do
	8-Feb-18	do
	9-Feb-18	play
	10-Feb-18	Maharshi Dayanand Saraswati Jayanti
	11-Feb-18	Sunday
3	12-Feb-18	do
	13-Feb-18	Maha Shivratri
	14-Feb-18	Types of play
	15-Feb-18	do
	16-Feb-18	Features of play
	17-Feb-18	do
	18-Feb-18	Sunday
4	19-Feb-18	Difference b/w work and play
	20-Feb-18	do
	21-Feb-18	Importance of play in childhood
	22-Feb-18	Assignment -2
	23-Feb-18	Stages of the development of the child
	24-Feb-18	do
	25-Feb-18	Sunday

5	26-Feb-18	infancy
	27-Feb-18	infancy
	28-Feb-18	KUK Holidays

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1	1-Mar-18	KUK Holidays/Guru Ravidas Birthday
	2-Mar-18	KUK Holidays/Holi
	3-Mar-18	KUK Holidays
	4-Mar-18	KUK Holidays/Sunday
2	5-Mar-18	Childhood
	6-Mar-18	do
	7-Mar-18	do
	8-Mar-18	adoloescene
	9-Mar-18	do
	10-Mar-18	do
	11-Mar-18	Sunday
3	12-Mar-18	do
	13-Mar-18	Signs of pregnancy
	14-Mar-18	do
	15-Mar-18	do
	16-Mar-18	do
	17-Mar-18	Case of the expectant mother
	18-Mar-18	Sunday
4	19-Mar-18	Do
	20-Mar-18	ill effect of an early marriage
	21-Mar-18	Case of new born infant
	22-Mar-18	Do
	23-Mar-18	Shaheedi Diwas of Bhagat Singh, Rajguru & Sukhdev
	24-Mar-18	Do
	25-Mar-18	Sunday/ Ram Navami

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26-Mar-18	Do
27-Mar-18	Sessional test-2
28-Mar-18	Common ailments of childhood
29-Mar-18	Mahavir Jayanti
30-Mar-18	Do
31-Mar-18	Do

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Week	Date	Topics
1	1-Apr-18	Sunday
	2-Apr-18	Do
	3-Apr-18	Do
	4-Apr-18	Do
	5-Apr-18	Cold
	6-Apr-18	convulsions
	7-Apr-18	cough
	8-Apr-18	Sunday
2	9-Apr-18	Diarrhea
	10-Apr-18	Constipation
	11-Apr-18	Skin infection prickly heat
	12-Apr-18	do
	13-Apr-18	Allerges
	14-Apr-18	Dr Ambedkar Jayanti / Vaisakhi
	15-Apr-18	Sunday

3	16-Apr-18	<i>do</i>
	17-Apr-18	revision
	18-Apr-18	Parashurama Jayanti
	19-Apr-18	<i>do</i>
	20-Apr-18	<i>do</i>
	21-Apr-18	test
	22-Apr-18	Sunday
4	23-Apr-18	Group discussion
	24-Apr-18	Revision
	25-Apr-18	<i>do</i>
	26-Apr-18	<i>do</i>
	27-Apr-18	<i>do</i>
	28-Apr-18	Test of unit 3,4